Myths

Intrauterine contraception (IUC) increases the risk of pelvic inflammatory disease (PID).

The woman must have STI screening prior to IUC placement.

Younger or nulliparous women are at greater risk of PID.

Facts

Recent large studies show the risk of PID with IUC use is low, irrespective of age, parity, STI risk, and timing of STI screening and placement.

Multiple national guidelines state it is not necessary to delay placement of an IUC until STI screening results are returned.

Risk of PID with IUC is low for all women, irrespective of age, parity and STI risk.

Intrauterine contraception (IUC) increases the risk of pelvic inflammatory disease (PID).

Evidence shows the risk of PID with IUC use is less than 1%.

The woman must have STI screening prior to IUC placement.

Younger or nulliparous women are at greater risk of PID.

PID is a rare complication of IUC use, even in women who test positive for an STI at the time of placement.

Multiple national guidelines state it is not necessary to delay placement of an IUC until STI screening results are returned.

Risk of PID with IUC is low for all women, irrespective of age, parity and STI risk.

Younger or nulliparous women are not at a greater risk of PID.

Oral incidence of PID

Study Incidence of PID (%)

Sufrin et al, 2012 0.46% Gemzell-Danielsson et al, 2017 0.5% Turok et al, 2016 0.6% Gemzell-Danielsson et al, 2015 0.42% Birgisson et al, 2015 0.54%

Overall incidence of PID across the cohort after 3 years was 0.46%.

In an observational cohort study involving 7,611 women, incidence of PID in women testing positive for an STI at the time of placement was 0.46%.

Five recent large-scale studies show the incidence of PID with IUC to be less than 1%.

The Global INTRA Group is an independent panel of physicians with an expert interest in intrauterine contraception. Formation of the group and its ongoing work is supported and funded by Bayer AG.

Find out more

Please visit www.your-life.com to access a range of resources to help address the myths and misperceptions that women may have about IUC, and tools to assist in contraceptive counseling.

References