Myth: Placement of intrauterine contraception (IUC) may be more difficult and more painful in women who are young or nulliparous.

Fact: Studies show IUC is placed with ease regardless of age or parity. Over 90% of HCPs said placement in nulliparous women was ‘easy’.

When asked about ease of placement...

Investigators’ evaluation of placement (pooled data from three studies evaluating pain on placement of LNG-IUS 8 using modified Envivoinsert® device [n=963])

When asked about experience of pain at time of placement...

Womens’ assessment of pain on placement (pooled data from three studies evaluating pain on placement of LNG-IUS 8 using the modified EvoInserter® device [n=965])

When asked about experience of pain at time of placement...

HCP description of placement

Number of women (%)

<table>
<thead>
<tr>
<th>Ease</th>
<th>Slightly difficult</th>
<th>Very difficult</th>
</tr>
</thead>
<tbody>
<tr>
<td>91.7</td>
<td>8.2</td>
<td>0</td>
</tr>
</tbody>
</table>

Womens’ assessment of pain on placement (pooled data from three studies evaluating pain on placement of LNG-IUS 8 using the modified EvoInserter® device [n=965])

Pain on placement

Number of women (%)

<table>
<thead>
<tr>
<th>No pain</th>
<th>Mild pain</th>
<th>Moderate pain</th>
<th>Severe pain</th>
</tr>
</thead>
<tbody>
<tr>
<td>19.1</td>
<td>39.3</td>
<td>31.6</td>
<td>10</td>
</tr>
</tbody>
</table>

Almost 50% described the pain of IUC placement to be ≤5 on the VAS scale*.

Over 75% found the procedure less painful than expected or as expected.

Find out more

Please visit www.your-life.com to access a range of resources to help address the myths and misperceptions that women may have about IUC, and tools to assist in contraceptive counselling.

References